

Guava

Area Under Cultivation

In India, it is successfully grown in Uttar Pradesh, Bihar, Madhya Pradesh, Maharashtra, West Bengal, Orissa and Tripura. Uttar Pradesh is considered as the most important guava producing state of India, and Allahabad- Varanasi region has the reputation of growing the best quality guava in the country as well as in the world.

Botanical Name : Psidium guajava

Family : Myrtaceae

Plant Discription :

It is a hardy tree, tall ,more than 2.5 m in height and vigorous in growth. The leaves are light green in colour and finely pubescent. The tree is profusely branched bearing white fragrant flowers which bears roundish to ovate fruits .

Centre of Origin : Tropical America

Pollination System : Self pollinated

Chromosome No. : 2n=22,33

Nutritional Levels :

Moisture (%)	Protein (%)	Fat (%)	Mineral matter (%)	Fibre (%)	Carbohydrate (%)	Calories (K Cal)
81.7	0.9	0.3	0.7	5.2	11.2	51
Minerals						
Phosphorus (mg/100g)	Potassium (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Sodium (mg/100g)	Copper (mg/100g)
28	91	10	24	0.27	5.5	0.14
Manganese (mg/100g)	Zinc (mg/100g)	Sulphur (mg/100g)	Chlorine (mg/100g)	Molybdium (mg/100g)	Cromium (mg/100g)	
0.14	0.16	14	4	0	0.009	
Vitamins						
Carotene (mg/100g)	Thiamine (mg/100g)	Riboflavin (mg/100g)	Niacin (mg/100g)	Vitamin C (mg/100g)	Choline (mg/100g)	Folic acid-Free (mg/100g)
0	0.03	0.03	0.4	212	0	0
Folic acid- Total (mg/100g)						
0						